

Japan Paralympic Committee



Information Package

2010 IPC Ice Sledge Hockey Japan Para Championships in Nagano City

January 19-24 2010



JAPAN ICE SLEDGE HOCKEY ASSOCIATION



Japan Paralympic Committee



Japan Paralympic Committee and Japan Ice Sledge Hockey Association invite you to the 2010 IPC Ice Sledge Hockey Japan Para Championships in Nagano, Japan.

- Organizing Committee:** Japan Paralympic Committee (JPC)
Japan Ice Sledge Hockey Association (JISHA)
- Date:** January 19 -24, 2010
- Place:** Nagano-city, Nagano Prefecture, Japan
- Venue:** Nagano City Wakasato Tamokuteki Sport Arena (Big Hat)



- Schedule:**

January	17 (Sun)	Team Arrival at Nagano
	18 (Mon)	Official Practice / Classification Estimation
	19 (Tue)	USA vs. NORWAY / JAPAN vs. CZECH
	20 (Wed)	USA vs. CZECH / JAPAN vs. NORWAY
	21 (Thu)	NORWAY vs. CZECH / JAPAN vs. USA
	22 (Fri)	Official Practice
	23 (Sat)	1 vs. 4 / 2 vs. 3
	24 (Sun)	Bronze and Gold Medal Games
	25 (Mon)	Team Departure



Japan Paralympic Committee



6. **Rules:** The IPC Ice Sledge Hockey Rules & Regulations for 2009-2010 will be used for these Games.
7. **Doping Control:** Doping Test will be carried out in accordance with the IPC Anti-Doping Code.
8. **Other Information:** To further your experience during the 2010 IPC Ice Sledge Hockey Japan Para Championships, please review the following information.
 - a) **Team Hosts:**

Each team will be provided with a Team Host that will act as the team's direct communication link to the LOC. Team Hosts will meet each team upon their arrival [at Narita Airport](#). Team Hosts will also provide information updates and ensure that your stay is exceptional and that all your needs are met.
 - b) **Team Director's Meeting:**

The team directors meeting will take place on Monday the January 18th at the Hotel Metropolitan Nagano at 10:00am. The meeting room will be confirmed at a later date.
 - c) **Opening Ceremony:**

The official Opening Ceremony for the Tournament will take place on Tuesday, January 19th at the Big Hat at 5:45pm, prior to the start of the Japan vs. Czech Republic game. Detail procedure will be informed at directors meeting on January 18th.
 - d) **Towel & Laundry Services:**

Complimentary towel and laundry services will be available to teams throughout the tournament and will be coordinate through Team Hosts. Team Hosts are responsible for collecting their team's garment bags and jerseys following each game.



Japan Paralympic Committee



- Deliver garment bags and jerseys within 30 minutes following games to team locker rooms. However, there will be no service after the morning practice, so that players are requested to bring at least two pairs of underwear.
 - Ensure each player's garment bag is clearly marked with respective player No.
 - Cleaned garment bags and jerseys will be returned on the following day by 2:30pm.
 - Clean towels for the games will be provided to each team. All towels for the Teams will be provided in the Team Trainer's room everyday at the Hotel Metropolitan Nagano.
 - Used towels should be brought back to the hotel rooms by the Team Trainers after each game.
- e) **One-site Food Services**
Bottled water and fruits will be served at the arena.

9. **Medical Services at the Arena:**

- a) **Dressing rooms:**
Team trainers and physicians will conduct most of their medical care in the dressing rooms.
- b) **Emergency Action Plan:**
An Emergency Action Plan has been developed for the tournament and the host medical team will be available to provide you with assistance in any life threatening emergency that may occur during the matches. If an Ambulance is needed at the event, this will be coordinated through the host medical team and players will be transported via ambulance to the Red Cross Hospital (approx. 5 minutes from the Big Hat).
- c) **Physiotherapists:**
Massage Services from Nagano Medical Technique College are available for game treatments, including taping as necessary in the rocker room No.3 at the Big Hat from 2:00pm to 6:00pm.



Japan Paralympic Committee



10. **Classification:** Classification evaluation opportunity will be provided by IPC international classifiers at Big Hat on January 18th. If you wish to have this classification, please contact Sachiko Koyama at sky4478m@cl.cilas.net .
11. **Participant Insurance:** Each Team must ensure that all members of the Team are appropriately insured, including coverage for travel, liability and accidents.
12. **Expenses:** The total cost for each person is JPY15,000 per day. This cost covers Hotel accommodations, three meals, and ground transportation. As for the payment, please contact Susumu Nakaya, Hitachi Travel Bureau, Ltd. s-nakaya@cm.hitachi-hb.co.jp .
13. **Trans-
portation:** Teams will be flying into the Narita International Airport and met by Team Host. The Team Host will take you to a motor coach and equipment truck which will also take you to the Airport when you depart.

Team transportation for practices and games must be coordinated through your Team Host in a timely matter. Team transportation will be provided to and from the Big Hat arena.

Pick Up Information:
Each team will be picked up by wheelchair accessible bus from the Hotel 75 minutes prior to their practices and 120 minutes to their games to the Big Hat Arena. Buses will be ready to pick teams up at the Big Hat 30 minutes after practices and 40 minutes after games.
14. **Accommodation:** All Team will be staying at the Hotel Metropolitan Nagano.



Japan Paralympic Committee



Hotel Metropolitan Nagano 1346, Minami-ishido-cho, Nagano City,
Nagano 380-0824, Japan
Tel : +81-26-291-7000
Fax : +81-26-291-7007
<http://www.jrhotelgroup.com/eng/hotel/eng109.htm>
*Located 15 minutes from the Big Hat arena.

The complex includes:

- . High speed Internet Service in each guest room
- . Restaurants, bar and shops



15. **Meals:** All team will have breakfast, lunch and dinner at the Hotel Metropolitan Nagano. If you wish to change a meal time, your Team Hosts will be happy to assist you.
16. **Roster, Rooming list and Photos** For preparation the tournament, the organizing committee requires the following by **Friday November 27th, 2009**
- Team Roster
 - Rooming List
 - Flight Information
 - Head and Shoulder picture of each player and staff

Please send them to:



Japan Paralympic Committee



**Sachiko Koyama / Secretary General
Japan Ice Sledge Hockey Association
Email : sky4478m@cl.cilas.net**

17. **Contact :**

**If you have any questions please contact:
Kojin Nakakita,
President
Japan Ice Sledge Hockey Association,
Local Organizing Committee at:
Phone: +81-90-4564-4725 or
Email kojin.nakakita.cj@hitachi.com**



Japan Paralympic Committee



Schedule :

Sunday, January 17

Official Arrival date for all the teams (you may arrive earlier)

Monday, January 18

Official Practice day

10:00 - 10:30 Team Director's meeting
11:00 - 12:30 Japan Practice
13:00 - 14:30 USA Practice
15:00 - 16:30 Norway Practice
17:00 - 18:30 Czech Republic Practice

(12:30 - 17:00 Classification at BH)

Tuesday, January 19

09:00 - 09:45 USA Practice
10:00 - 10:45 Norway Practice
11:00 - 11:45 Czech Republic Practice
12:00 - 12:45 Japan Practice
15:00 Game USA vs. Norway
17:45 Opening Ceremony
18:40 Game Japan vs. Czech Republic

Wednesday, January 20

09:00 - 09:45 Japan Practice
10:00 - 10:45 USA Practice
11:00 - 11:45 Czech Republic Practice
12:00 - 12:45 Norway Practice
15:30 Game USA vs. Czech Republic
18:30 Game Japan vs. Norway



Japan Paralympic Committee



Thursday, January 21

09:00 - 09:45	Japan Practice
10:00 - 10:45	Norway Practice
11:00 - 11:45	Czech Republic Practice
12:00 - 12:45	USA Practice
15:30 Game	Norway vs. Czech
18:30 Game	Japan vs. USA

Friday, January 22

10:00 - 11:30	4 th Place Practice
12:00 - 13:30	1 st Place Practice
14:00 - 15:30	2 nd Place Practice
16:00 - 17:30	3 rd Place Practice

Saturday, January 23

09:00 - 09:45	4 th Place Practice
10:00 - 10:45	1 st Place Practice
11:00 - 11:45	2 nd Place Practice
12:00 - 12:45	3 rd Place Practice
15:30 Game	1 st vs. 4 th
18:30 Game	2 nd vs. 3 rd

Sunday, January 24

11:00 Game	Bronze Medal Game
14:00 Game	Gold Medal Game
16:00	Closing Ceremony

Monday, January 25

Official Departure date for all teams

